

Post-Care

MICRONEEDLING



PRECAUTIONS

If you are taking a blood thinner, aspirin or any other medication that you have the propensity to bleed easily while on, please tell your technician • If you are under a physician's care and need to discontinue your medication for a few days, always ask your physician prior to each SkinPen Microneedling appointment

If you are planning to receive Botox, make sure that you give yourself at least 2 weeks post Botox injections before receiving your Microneedling procedure • If an active or extreme breakout occurs before treatment, please consult your practitioner • Wait 6 months following oral isotretinoin use.

AFTERCARE

Use tepid water for the initial 24 hours to rinse the treated area. After 24 hours, use a gentle cleanser to cleanse the face for the following 72 hours and gently dry the treated skin. Always make sure that your hands are clean when touching the treated area. • Apply CliniCalm for the next 24 hours. • Do not take any inflammatory medicines for at least 2 weeks post-treatment • It is recommended that makeup or sunscreen should not be applied for 24 hours after the procedure. Do not apply any makeup with a makeup brush, especially if it is not clean. • After the initial 24 hours, apply a broad spectrum UVA/UVB sunscreen with a minimum SPF 30 for two weeks.

WHAT TO AVOID

For at least 3 days post-treatment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare • Avoid intentional and direct sunlight for 48 hours. No tanning beds • Do not go swimming for at least 24 hours post-treatment • No exercising or strenuous activity for the first 72 hours post-treatment.

